

Glenmore Parent Advisory Council

Meeting Minutes | April 26, 2021

1 SEL PRESENTATION

Janelle Zebedee & Brette Richards

Janelle and Brette very kindly gave a quick overview of how we as parents can support our childrens' social emotional learning (SEL) at home, which can be particularly difficult during the Pandemic.

Tips:

- Help your kids learn how feelings feel ie how do emotions show up in the body, heart rate, temperature, energy level
- Kids will feel all sorts of emotions, all are ok
- 'Name it to Tame it' - organizing our feelings into language helps bring the thinking brain back online
- 5-4-3-2-1 Coping Technique: Acknowledge 5 things you can see, 4 things you can touch, 3 things you can hear, 2 things you can smell, 1 think you can taste
- "Invisible Backpack" brings discussion about what causes other people to behave in the ways they do

For more information, check out:

- [SEL Presentation](#)
- [SEL Resource](#)

2 PRINCIPAL'S UPDATE

Brady Ibbetson, Principal

1. Enrolment for 2021-22

- Same number of divisions, but less 1 French Immersion K
- Currently accepting 60 French Immersion K, and 12 English K (8 non with siblings)
- Allocated money towards a BIT CEA Full time
- Will have a few new teaching positions as well

2. September 2021 Startup

- Still don't know exactly what that will look like.
- Currently the plan is to do somewhat similar to this year, although most likely return to last year's class on the Tuesday, then plan to have teachers email out to students on Tuesday

3. PAC money for field trips

- Is there money for end of year field studies trips? Yes but limited

4. Upcoming Events

- Hip hop for Primary classes and 3/4
- T & F for Intermediate students (May)

- I-ride for Intermediate students (end of May)
- Photo Day – May 4 th outside
- Bike to School Week...we will see if this can still happen this year
- Liaison Officer to speak to Gr. 5/6 classes
- Gr. 6 Year end
- Field study day trip – Camp Owasis TBD
- Certificate ceremony. Zoomed or recorded – will touch base with Kristie Bjorgan

5. Dress Code

- Language used in email was inappropriate
- Current language of ‘inappropriate’ needs to be defined
- Do we even need a dress code?
- Take the word ‘clean’ out
- Focus on wearing clothing that is suitable for the activity you are engaging in – focus on health and safety
- Include something like....Learners are asked to avoid dress styles which promote, imitate or celebrate violence, intimidation, racism, sexism, hatred towards others, gang association, sex or alcohol/drug use.

3 PAC BUDGET UPDATE

Klaus Minck, Treasurer

1. Fundraising Opportunities

- **T-Bones** | Esther Moore
Running this for BBQ season, Sold through Fun Lunch website
- **Norwex** | Esther Moore
Not a good opportunity for GME → We won't run this
- **Domino's Pizza** | Sarah Bendall
Not right now
- **TruEarth** | Sarah Bendall
Sarah will look into this to see if it is a limited time campaign or could be done as an ongoing fundraiser.

2. Playground Update

- Picnic tables
Moving ahead with having them made through the trades class
- Tetherball pole
Expensive – Brady to see if there is an extra one in the district before purchasing

MOTION

If the dimensions fit to add a tetherball pole to the hole that is already cemented in, should the PAC purchase it?

PAC voted yes

4 COPAC UPDATE

Camila Bifford, COPAC Rep

Nothing to report

5 RECENT PAC PROGRAMS

Sarah Bendall, President

1. **STEM in School Week** | Sarah Bendall
Very well received. Teachers appreciated the resources and it was great timing. Hoping we can have a return to a Family Night next year.
2. **Staff Appreciation Lunch** | Tristaca Curley.
Sushi was delivered to the staff in a COVID-friendly manner. Fingers crossed we can have an in-person lunch next year.

Meeting adjourned at 8:05.